

## Paerewa Paetae

**Aronga** Hauora 1.3

**Ingoa** Te whakamārama i te pānga mai o ngā take kai ki te oranga o te tangata

**Kaupae** 1 **Whiwhinga** 4 **Aromatawai** Ā-roto

**Marau akoranga** Te Marautanga o Aotearoa

**Kokonga akoranga** Hauora – Wāhanga Ako

**Mana rēhita** **Te rā i mana ai**

**Te rā e arotakengia ai** 31 Hakihea 2016 **Te rā i puta ai**

### Te Hononga ki te Marautanga

I ahu mai tēnei paerewa paetae i te Taumata 6 o *Te Marautanga o Aotearoa*, i whakaputaina e Te Pou Taki Kōrero i te tau 2008.

### Whāinga Paetae

Waiora, Kai:

1 *Ka tūhura, ka whakamārama i te pānga mai o ngā take kai e pāpā ana ki te hauora o te whānau, kōhungahunga mai, taiohi mai, pakeke mai.*

Tangata, Whanaungatanga:

1 *Ka tūhura me pēhea ngā whanonga, ngā uara me ngā waiaro o te tangata takitahi, o te rōpū hoki e pāpā ana ki te mauritau o tētahi atu.*

E hono ana ki te Papa Whakaako mō Hauora kei te pae ipurangi nei: <http://tmoa.tki.org.nz/Te-Marautanga-o-Aotearoa/Taumata-Matauranga-a-Motu-Ka-Taea>.

### Te Hononga ki ngā Tikanga Aromatawai

Kei tēnei pae ipurangi ngā Tikanga Aromatawai mō tēnei paerewa paetae:

<http://tmoa.tki.org.nz/Te-Marautanga-o-Aotearoa/Taumata-Matauranga-a-Motu-Ka-Taea>.

**Paerewa Paetae**

<p><b>Paetae</b> Te whakamārama i te pānga mai o ngā take kai ki te oranga o te tangata.</p>	<p>Hei tohu i te paetae:</p> <ul style="list-style-type: none"> <li>• Ka tautohu i ngā āhuratanga ka whakaawe i:             <ul style="list-style-type: none"> <li>– te whakaaro o te tangata mō te kai</li> <li>– te kōwhiringa kai hauora mā te whānau, me ōna tukunga iho.</li> </ul> </li> </ul>
<p><b>Kaiaka</b> He kaiaka te whakamārama i te pānga mai o ngā take kai ki te oranga o te tangata.</p>	<p>Hei tohu i te kaiaka:</p> <ul style="list-style-type: none"> <li>• Ka whakaahua i ngā āhuratanga ka whakaawe i:             <ul style="list-style-type: none"> <li>– te whakaaro o te tangata mō te kai</li> <li>– te kōwhiringa kai hauora mā te whānau, me ōna tukunga iho.</li> </ul> </li> </ul>
<p><b>Kairangi</b> He kairangi te whakamārama i te pānga mai o ngā take kai ki te oranga o te tangata.</p>	<p>Hei tohu i te kairangi:</p> <ul style="list-style-type: none"> <li>• Ka whakamārama i ngā āhuratanga ka whakaawe i:             <ul style="list-style-type: none"> <li>– te whakaaro o te tangata mō te kai</li> <li>– te kōwhiringa kai hauora mā te whānau, me ōna tukunga iho.</li> </ul> </li> </ul>

**Kōrero Āpiti**

E whai ake nei ko te whakamāramatanga o ngā kupu whaitake, kīanga rānei:

kai	Ko ngā momo mahinga, tikanga, whakaaro rānei e whāngai ana i te tinana, i te hinengaro, i te wairua, i te whatumanawa rānei o te tangata kia ora ai ia.
ngā āhuratanga ka whakaawe	<p>Ko ngā mea pērā i:</p> <ul style="list-style-type: none"> <li>• te porihanga</li> <li>• ngā āhuratanga ā-iwi, ā-hapū, ā-whānau</li> <li>• te oranga ā-tinana, ā-hinengaro, ā-wairua</li> <li>• ngā momo mate</li> <li>• ngā kai e wātea ana</li> <li>• te utu o te kai.</li> </ul>
oranga o te tangata	Te oranga hauora o te tangata, te whānau, me te iwi.

Kuputaka:  
whakaawe

influence

**Tātari Kounga**

- 1 Me mātua whakamana ngā Kaituku Akoranga me ngā Whakahaere Whakangungu Ahumahi e te Mana Tohu Mātauranga o Aotearoa ka rēhita ai i ngā hua ka puta mai i ngā aromatawai ki ngā paerewa paetae.
- 2 Ko ngā Kaituku Akoranga me ngā Whakahaere Whakangungu Ahumahi kua mana, ā, e aromatawai ana i ā rātou hōtaka ki ngā paerewa paetae, me uru rātou ki ngā pūnaha whakarite e tika ana mō aua paerewa paetae.

Ko te tohutoro ki te Mahere Whakamana, Whakaōritenga hoki

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